

Time Lapse

Take pictures:

1. Have someone take a series of pictures of you moving across the camera's frame. You could be running or walking across something, climbing up or down something, or simply jumping from one side of the frame to the other. Get creative!
2. Camera settings:
 - a. Be sure to use a tripod
 - b. Use a FAST shutter (at least 1/200)
 - c. Take pictures outside if possible, if not, bump the ISO up until you can get a fast shutter so that you don't get too much blur in your pictures
 - d. Use Burst Mode so that you can get every movement

Add Time Lapse Effect

1. Choose your best 5 (or more) pictures to add to your time lapse.
2. Drag each one into Photoshop, starting with the end and moving toward the beginning.
3. Use LAYER adjustments to fix levels and brightness/contrast.
4. Crop if needed.
5. Add a layer mask to the top image.
6. Use a BLACK brush to uncover the next lowest subject (and shadow).
7. Make your brush as small as it needs to be to uncover ALL of the next lowest image (switch from black to white until you make the two images work well together).
8. Repeat steps 5-7 for the rest of the layers, excluding the background layer.
9. Make adjustments to the layers as you go, remembering that black will UNCOVER the lower layers and white will COVER the lower layers.



Tools/adjustments used:

- Layer Mask
- Brush tool
 - Hard/soft
 - Size
- Layer Adjustments
 - Levels
 - Brightness/Contrast